

# INTEGRATED HEALTH CLINIC NEWS



OUR INTEGRATED TEAM

working together for your health


Meet our healthcare team. We are being featured in September's issue of the national magazine *Integrated Healthcare Practitioners*.

## Great News!

### Prescription Rights at Last!

**Naturopathic Physicians** now have been granted prescriptive rights. B.C. is the first province in Canada to honor and recognize Naturopathic Physicians for their role in primary care and grant a scope of practice that is reflective of our training. We expect this system to be in place within 3-6 months.

### IHC Multi-Vitamin

 **Our physicians** have formulated our own multivitamin. It is to take the place of Jays Multivitamin, which is no longer being formulated. The new multi will be of high potency, and made from the best, purest ingredients available. Watch for it on our shelves this month.

### Checkout our Website!

[www.integratedhealthclinic.com](http://www.integratedhealthclinic.com)

Call us, we'd love to hear from you

**604-888-8325**

### BIO-IDENTICAL HORMONE BALANCING

**A**re you struggling with mood swings, hot flashes, memory lapses, insomnia, anxiety or fatigue? The solution may be easier than you have ever imagined! Dr. Corrine Dawson and Dr. Michelle Willis have been providing free seminars to women of all ages for the past 12 weeks. The response and desire to learn from these doctors has been outstanding. Many of the attendees have gone on to become patients, tested their hormones, and have received proper hormone balancing

treatments. Some of the comments heard from these women have been "I never knew I could feel this good again", "I feel 10 years younger", "My family thanks you for helping me with my emotions".

Drs Dawson and Willis are continuing to host these seminars. The next one is slated for

**Wed. June 17  
7-9 pm. Call  
to book.**



# Clinical Pearls

JUNE 2009

## Our Practitioners

### WHAT'S NEW



Drs Gurdev Parmar and Johan Ghazali are off to Germany this month.

They are visiting several established cancer treatment centres (including Leonardis Clinic featured in the recently aired Farrah Fawcett's Story). They intend to learn new innovative therapies not currently offered in Canada, bringing these back to IHC.



### RESEARCH NEWS

#### *ACUPUNCTURE IMPROVES RATES OF IN VITRO FERTILIZATION*

A meta analysis examining acupuncture in combination with IVF was undertaken. Seven trials were included, with data assimilated on 1,366 IVF procedures. The authors found a 65% improvement in achieving pregnancy, and a 91% improvement in live births.

(Manheimer. BMJ. 2008.)

#### *POMEGRANATE JUICE MAY IMPROVE SPERM QUALITY AND MOTILITY*

(Turk. Clin Nutr. 2008)



### INSIDE SCOOP

Our dear Marcia (Lab/IV Tech) had a healthy baby boy May 18th). Although we miss her around here, we are glad she is enjoying her new full time mothering position. Congratulations Marcia!!

*“Whatever you are looking for in a healthcare provider you will find at the Integrated Health Clinic. Their in-depth knowledge of alternatives to conventional treatments offers patients a comprehensive and well-rounded approach to healthcare, one I have personally come to trust over the years.”*

-Anthony Robbins

- Author/ Motivational Speaker



## Our Services

Naturopathic Medicine

Chiropractic Medicine

Laser Therapy

Prolotherapy/Neural Therapy

Hyperbaric Oxygen Therapy

Colon Hydrotherapy

Shiatsu Massage Therapy

Chelation Therapy

IV Vitamin/Mineral Therapy

Clinical Counselling

Mon-Thurs. 8-8  
Friday 9-5 & Saturday 9-4

**IntegratedHealthClinic**

(604)888-8325