

We respectfully ask that you complete this form prior to arriving for your scheduled appointment time.

Today's Date: ____ / ____ / ____
MM DD YYYY

Personal Information

Patient Name: _____ Date of Birth: ____ / ____ / ____
(First) (Middle) (Last) MM DD YYYY

Age: ____ Gender: ____ Wt: ____ Ht: ____ Marital status: _____ # Children & ages: _____

Care Card #: _____

Home Address: _____ City: _____ Prov/State: _____

Country: _____ Postal Code: _____ Email: _____

Phone Numbers: Home: _____ Work: _____ Cell: _____

Emergency contact: Name: _____ Relationship: _____ Phone: _____

Family Doctor: _____ Specialists: _____

Other Health Care Provider(s): _____

Medical Information

Allergies, if known (medical, environmental, foods): _____

Dietary Restrictions, if any (religious/vegetarian/vegan): _____

Current Medication/s & dosage: _____

(Prescription, over-the-counter, vitamins) _____

Past prescription medications: _____

Past serious conditions, illnesses, injuries and/or hospitalizations & dates: _____

Family Health History: Has a close relative (parent, grandparent, sibling) had any of the following?

- | | | | |
|---|--|---|---------------------------------------|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Eczema | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Skin disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Mental illness | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Gallstones | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cancer / Type(s) | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Osteoporosis | |
| | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> PMS | |

Other medical conditions? _____

Your general state of health: Excellent Good Fair Poor

Please list your health concerns, in order of importance to you:

1. _____ 3. _____

2. _____ 4. _____

General Health Information

Do you use any of the following? List the type and frequency if applicable:

Alcohol: _____

Cigarettes: _____

Antacids: _____

Recreational drugs: _____

Caffeine: _____

Tylenol/Aspirin/Advil: _____

Laxatives: _____

Number of antibiotic treatments in last 5 yrs: _____

History of adverse reactions to immunizations: Yes No If Yes, please describe: _____

Are you currently pregnant? Yes No

Do you get regular screening tests done by another doctor? (Pap, blood tests, etc.) Yes No

If Yes, please describe: _____

Have you ever had an abnormal pap, if applicable? Yes No

Typical diet, very generally:

Breakfast: _____

Snacks: _____

Lunch: _____

Beverages (Type & Amount): _____

Dinner: _____

Occupation: _____ Spiritual beliefs/Religion: _____

Hobbies _____

Do you exercise regularly? Yes No Type: _____ Frequency: _____

Are you regularly, or have you ever been exposed to toxins or other hazards (work, home, hobbies, etc.)? Please describe.

How would you describe the emotional climate of your home? (Indicate levels of stress if applicable)

How stressful is your work, or other aspects of your life? How do you manage stress?

Is there anything that you feel may be important for us to know?

Cancer Specific Information

Please identify in detail any symptoms you are currently experiencing (pain, nausea, diarrhea, headaches, etc.)

If you are currently undergoing any conventional cancer treatment, please identify below:

Chemotherapy: _____

Radiation Therapy: _____

Surgery: _____

Other: _____

If you are currently engaged in a form of alternative cancer treatment, please identify below:

Please assess the level of pain you may be experiencing and provided a rating based on the scale below _____.

Pain scale: provide a number between 1 & 10, 1 - being no pain, 10 – being extreme pain

Please assess your overall Quality of Life (QOL) and provide a rating based on the scale below _____.

Karnofsky QOL Scale

100	Normal no complaints; no evidence of disease.
90	Able to carry on normal activity; minor signs or symptoms of disease.
80	Normal activity with effort; some signs or symptoms of disease.
70	Cares for self; unable to carry on normal activity or to do active work.
60	Requires occasional assistance, but is able to care for most of his personal needs.
50	Requires considerable assistance and frequent medical care.
40	Disabled; requires special care and assistance.
30	Severely disabled; hospital admission is indicated although death not imminent.
20	Very sick; hospital admission necessary; active supportive treatment necessary.
10	Moribund; fatal processes progressing rapidly.
0	Unresponsive

Informed Consent to Treatment

1. I understand that the practitioners at this health centre are Naturopathic Physicians, and will use only natural, non-invasive methods of assessment and treatment.
2. I understand that any advice given to me as a patient at Integrated Health Clinic is not mutually exclusive from any treatment or advice I may now, or in the future, be receiving from another health care provider.
3. I understand that I am at liberty to seek, or to continue medical care from another qualified health care provider.
4. I understand that the Naturopathic Physician reserves the right to determine which cases fall outside of their scope of practice, and an appropriate referral will be recommended.
5. I understand that I am accepting or rejecting this care by my own free will.
6. I understand that no employee or physician at Integrated Health Clinic is suggesting to me to refrain from seeking the advice of another health care provider.
7. I understand that the services offered here are not covered by MSP, and that fees are payable at the time of appointment, including fees for services, prescriptions, and laboratory tests.
8. I understand that 24 hours notice is required for appointment cancellation, otherwise I will be responsible for the payment of a cancellation fee.
9. I understand that any therapies recommended will be explained to me in full by the physician, and that I will give consent to treatment based on informed consent.

I, _____ have read, understood and agree to the above statements.

Signature: _____

Date: _____

Thank you for taking the time to complete this intake form. We look forward to working with you to optimize your health and well being.